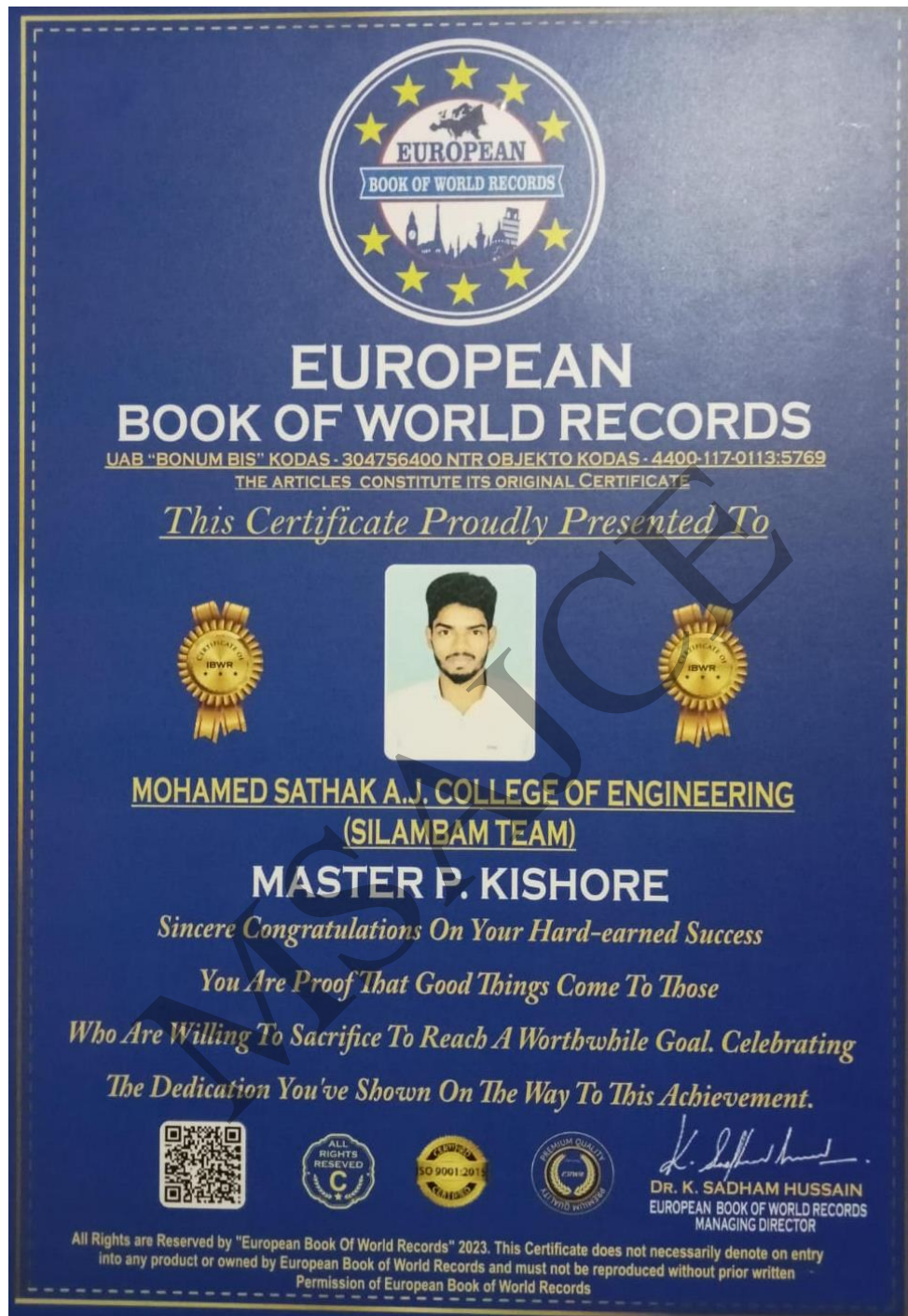


## Extra-Curricular Activities

S.No	Name of the Student	Year	Name of the Event Participation/Prize Won	Date	Organized by/Venue
<b>Academic Year: 2022-2023</b>					
1	V.N Yuvan Sai	III	3-PEAT	03-03-2023	Smk Fomra Institute Of Technology
2	Vijay S, Mohan Raj R	III	TREASURE HUNT	03-03-2023	Smk Fomra Institute Of Technology
3	Mohan Raj R	III	3-PEAT	03-03-2023	Smk Fomra Institute Of Technology
4	Sri Ram N	III	3-PEAT	03-03-2023	Smk Fomra Institute Of Technology
5	Sri Ram N, Yuvan Sai V N	III	TREASURE HUNT	03-03-2023	Smk Fomra Institute Of Technology
6	Vijay S	III	3-PEAT	03-03-2023	Smk Fomra Institute Of Technology
7	Shailesh Kumar P	III	ENTHRAL	20&21/03/2023	Alpha College Of Engineering
8	Mohamed Ansari	II	ENTHRAL	20&21/03/2023	Alpha College Of Engineering
9	Shaik Irfan K	II	ENTHRAL	20&21/03/2023	Alpha College Of Engineering
10	M. Mohammed Aashik	IV	Weight Lifting	14.08.2022	Royal gym
11	Kishore P	III	SILAMBAM	2023	International Silambam Federation
12	Kishore P	III	SILAMBAM	2023	Asia Book of Records & Indian Book of Records
13	Fatheen Ahmed	III	CRICKET	16th March 2023	AMS College of Engineering, Avadi
14	Mohamed Iliyas	III	CRICKET	16th March 2023	AMS College of Engineering, Avadi
15	Mohammad Sathakkathullah	III	CRICKET	16th March 2023	AMS College of Engineering, Avadi
16	Mohamed Ijaz	III	CRICKET	16th March 2023	AMS College of Engineering, Avadi
<b>Academic Year: 2021-2022</b>					
1	Kishore P	II	DANCE	27.05.2022	MNM Jain Engineering College
2	M. Mohammed Aashik	III	WEIGHT LIFTING	17.04.2022	Tamil Nadu Strength Lifting Association

## PHOTOGRAPHS





# CERTIFICATE OF EXCELLENCE

This certificate is awarded to

**M.FATHEEN AHMED**

For Securing **RUNNER** Position in **CRICKET**  
In the HORSEPOWER SYMPOSIUM 2023 At Department of Mechanical  
Engineering, Aalim Muhammed Salegh College Of Engineering,  
Avadi.

*[Signature]*  
18/12/22

HOD MECH



*[Signature]*

PRINCIPAL



**MOHAMED SATHAK**  
**A.J. COLLEGE OF ENGINEERING**

34, Rajiv Gandhi Salai [OMR], Siruseri IT Park, Chennai - 603 103.



*Congratulations*



**Mr.P.Kishore - Third year**

Department of  
Mechanical Engineering

**Gold Medalist (single stick)**  
**in National Silambam Championship 2023**



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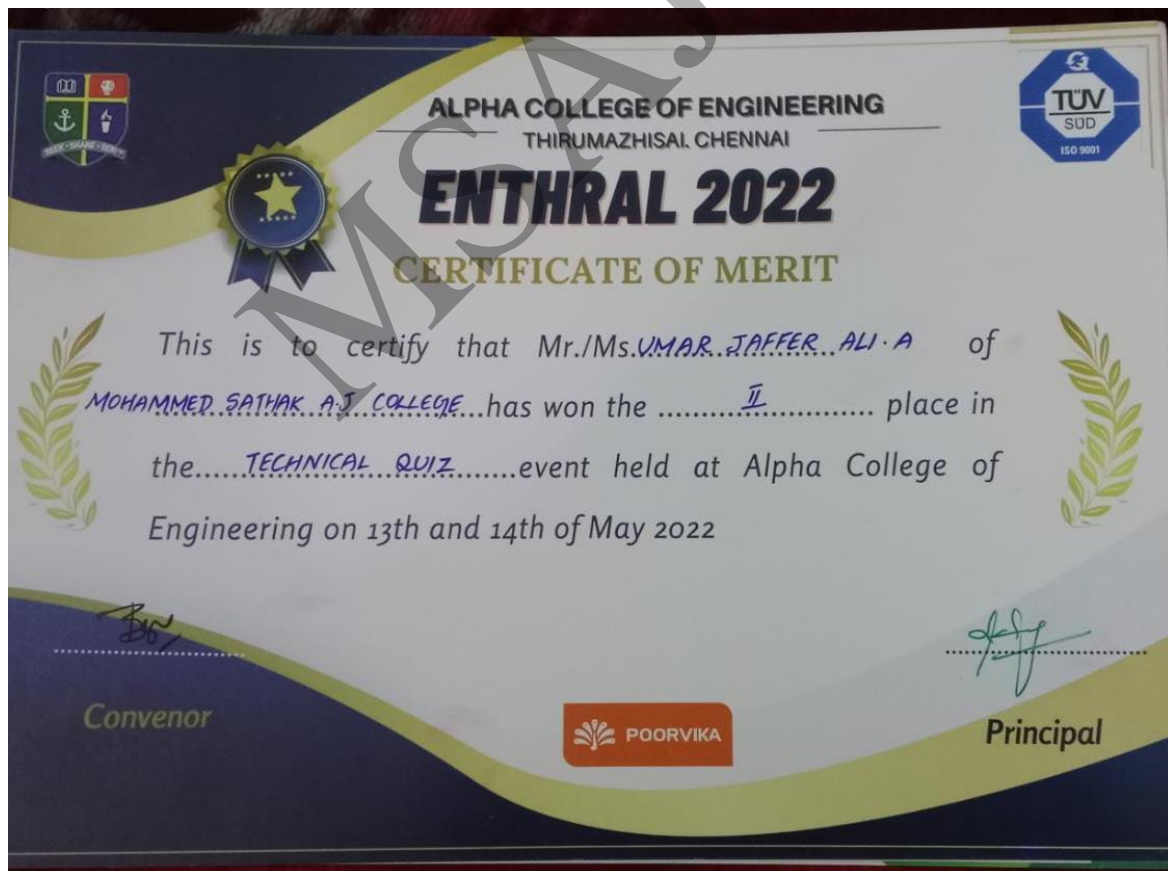
B.E./B.Tech./M.E.



**TNEA**  
COUNSELLING CODE  
**1301**











# TAMIL NADU STRENGTH LIFTING ASSOCIATION

(AFFILIATED TO INDIAN STRENGTH LIFTING FEDERATION)  
REGD. UNDER SOCIETIES ACT. ESTD. 1985 TN : 82/2018

Plot No.11/741, Gandhi Street, E.V.P. Prabhu Avenue, Kolathuvancherry, Iyyappanthangal, Chennai- 600 122.



## TAMIL NADU STRENGTH LIFTING CHAMPIONSHIP 2022

### CERTIFICATE OF HONOUR

This is to Certify that Sri / Smt. M. MOHAMMED AASHIK of Chennai has participated as a Players / Coach / Official in the Subjr / jr / Senior / Master / Men & Women Tamilnadu Strength Lifting Championship held on 17<sup>th</sup> April and organised by VINAYAKA POWER GYM at VINDRA THIRUKKAR DADA HALL. He / She has secured 1<sup>st</sup> in 76 Kg. Body Weight class. Body Weight 73.700.

Two Hands Barbell Curling 35 + 40 = 75 Kg. Record - Kg.  
Two Hands Hack Lift 150 + 152.5 = 302.5 Kg. Record - Kg.

Grand Total 377.5 Kg.

M.S. Lyl  
President / TNSLA

Chief Judge

S. S. S.  
Gen. Secretary / TNSLA



## Royal Gym Strong Man Championship



This is to certify that Sri / Smt. M. MOHAMMED AASHIK of ROYAL GYM - II has participated as a Competitor / Master / Official in the Sub Jr. / Junior / Senior Gym Level Championship held on 04.5.2022 and organised by ROYAL GYM at ANUPURAM. He / She has secured 1<sup>st</sup> in 77.800 Body Weight Class. 83 kg.

### Created Record

Performance  
Incline Bench Press ..... Kg. .... Kg.  
Two Hands Curling ..... Kg. .... Kg.  
Hack Lift ..... Kg. .... Kg.  
Bench Press 80 + ..... Kg. 80 Kg.  
Total 80 Kg.

Pushup ..... Double Bar ..... Single Bar ..... Skipping .....

Organiser  
Organiser

Chief Judge  
Chief Judge

Guest of Honour  
Guest of Honour

Merit Certificate